

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

Increasing Access to Housing and/or Employment

August 9, 2016

**Slides for today's webinar are
available on the CIHS website at:**

<http://www.integration.samhsa.gov/mai-coc-grantees-online-community/webinars>

How to ask a question during the webinar



If you are listening to this webinar from your computer speakers, please type your questions into the question box and we will address your questions. **(right)**

THIS WEBINAR IS BEING RECORDED



SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

Increasing Access to Housing and/or Employment

Patricia (Pat) Tucker

Senior Program Manager

Advocates for Human Potential, Inc.

Learning Objectives

At the end of this session, grantees will be able to:

- Identify a range of housing types and resources, including those that are funded through federal, state, and local sources that will assist vulnerable populations including eligible and waiting lists, etc.,
- Understand how to create housing in service settings that promote employment as an option for all, and
- Begin to implement strategies for increasing the employment rates of the individuals you serve.

Housing



Housing for People with Mental Health Issues, Substance Use and HIV/AIDS

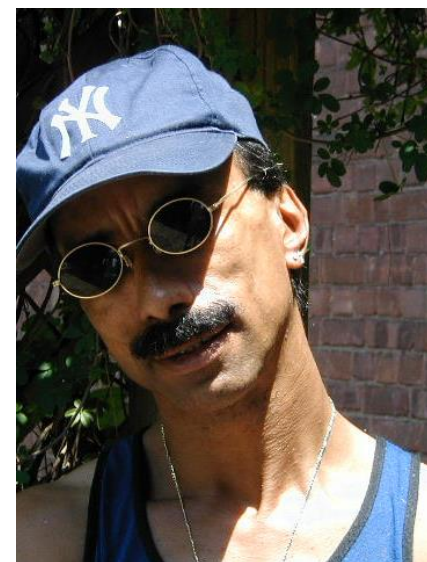
Barriers to safe, affordable and stable housing...

- ⇒ Long waiting lists for affordable housing, including rent subsidies.
- ⇒ Low vacancy rates.
- ⇒ Unrealistic Fair Market Rents
- ⇒ Lack of assistance in finding housing, transportation and childcare.
- ⇒ Source of income and other forms of discrimination.



Housing is Healthcare

- People with mental health issues, substance misuse and living with HIV/AIDS must have stable housing to access comprehensive healthcare, mental healthcare and adhere to complex therapies.
- Homelessness and ill health have been locked in an on-going cycle of cause and effect, spiraling constantly downward
- Poor health puts one at risk for homelessness
- Homelessness puts one at risk for poor health
- Homelessness complicates efforts to treat illnesses and injuries



HOPWA

HOPWA provides housing assistance and related supportive services for low-income persons with HIV/AIDS and their families.

- Since the beginning of the HOPWA program in 1992, the Federal government has made available over \$2.3 billion in HOPWA funds to support community efforts to create and operate HIV/AIDS housing initiatives.
- HOPWA is a needs based program.

Tenant Based Rental Assistance (TBRA)

- Provides long-term housing to low-income persons living with HIV/AIDS and their families.
- TBRA is a housing subsidy for use on the open rental market by eligible persons with HIV/AIDS, who have a long-term housing need.

Tenant Based Rental Assistance (TBRA)

- Rental subsidy that can assist client with expenses towards rent, utility, deposits
- Must meet section 8 standards
- Cannot exceed two years (can ask for extension)
- Move persons to Section 8

http://portal.hud.gov/hudportal/HUD?src=/program_offices/comm_planning/affordablehousing/training/web/abc/activities/tenantassist

HUD-Veterans Affairs Supportive Housing (VASH)

Basic eligibility requirements for participation are that the person MUST:

- Be eligible for VA care;
- Be in need of and be willing to participate in case management;
- Be below maximum HUD income eligibility limits;
- NOT have an order by the legal system to be a lifetime reporter for convicted sex offenses.

VA Side of HUD-VASH

- HUD-VASH is a partnership between the VA and HUD and VA case managers and PHAs
- Both sides need to work together to have good and timely outcomes
- For VA, case management is the heart of this program
- VA also needs other community partnerships to successfully implement this program – referrals from community, landlords, assistance with deposits, furniture, etc.

Housing First

- Quickly and successfully connect individuals and families experiencing homelessness to permanent housing without preconditions and barriers to entry, such as sobriety, treatment or service participation requirements.
- Supportive services are offered to maximize housing stability and prevent returns to homelessness as opposed to addressing predetermined treatment goals prior to permanent housing entry.

http://www.endhomelessness.org/pages/housing_first

Housing First: Key Principles

- Safe and affordable housing
- All people can achieve housing stability in permanent housing; supports may look different
- Everyone is “housing ready”
- Improved quality of life, health, mental health, and employment can be achieved through housing
- Right to determination, dignity and respect
- Configuration of housing and services based on participants needs and preferences

Rapid Re-Housing: Definition

- Rapidly connects families and individuals experiencing homelessness to permanent housing
- Provides a tailored package of assistance
- Resolves immediate challenges and barriers to housing
- Links to community resources

Rapid re-housing is an important component of a communities' response to homelessness.

A fundamental goal of rapid re-housing is to reduce the amount of time a person is homeless.

<http://portal.hud.gov/hudportal/HUD?src=/recovery/programs/homelessness>

Rapid Re-Housing: Core Components

Tailored Package of Assistance:

- Housing Identification
- Rent and Move-In Assistance
- Case Management and Services

Case management:

- Connects households to resources to improve their safety and well-being and achieve their long-term goals
- Client-directed, voluntary services, respectful of individuals' right to self-determination
- Unless basic, program-related case management is required, participation should not be required
- Connection to community-based services that already exist

Permanent Supportive Housing?

Decent, safe, and affordable community-based housing that provides tenants with the rights of tenancy under state and local landlord tenant laws and is linked to voluntary and flexible support and services designed to meet tenants' needs and preferences.

<http://store.samhsa.gov/product/Permanent-Supportive-Housing-Evidence-Based-Practices-EBP-KIT/SMA10-4510>

Dimensions of Permanent Supportive Housing Fidelity Scale

- Choice in housing and living arrangements
- Functional separation of housing and services
- Decent, safe, and affordable housing
- Community integration and rights of tenancy
- Access to housing and privacy
- Flexible, voluntary, and recovery-focused services

SAMHSA Targets Mental and Substance Use Disorder Treatment in Housing /Homeless Services:

Grants for the Benefit of Homeless Individuals–Services in Supportive Housing (GBHI–SSH)

www.samhsa.gov/homelessness-programs-resources/grant-programs-services/gbhi-program

Projects for Assistance in Transition from Homelessness (PATH)

www.samhsa.gov/homelessness-programs-resources/grant-programs-services/path

Cooperative Agreements to Benefit Homeless Individuals (CABHI)

www.samhsa.gov/homelessness-programs-resources/grant-programs-services/cabhi-program

SSI/SSDI Outreach, Access, and Recovery (SOAR)

<https://soarworks.prainc.com/course/ssissdi-outreach-access-and-recovery-soar-online-training>

SAMHSA targets mental and substance use disorder treatment in housing /homeless services

- Grants for the Benefit of Homeless Individuals—Services in Supportive Housing (GBHI–SSH)
- Projects for Assistance in Transition from Homelessness (PATH)
- Cooperative Agreements to Benefit Homeless Individuals (CABHI)
- SSI/SSDI Outreach, Access, and Recovery (SOAR)

Employment



Employment

Reasons for Work

- Increased income
- Increased Personal meaning
- Control and Increased self- efficacy
- Reduction of Family Financial burden
- Increased Social Interaction
- Contribute to Society
- Reduction of the role of Mental illness, Substance Use, and HIV/AIDS



Episodic Disability Paradigm

- People with episodic disabilities may need flexible work arrangements
- Some people choose part time work or alternative scheduling
- Flexible work schedules might be requested as a reasonable accommodation under the Americans with Disability Act
- Under reasonable accommodations, PLWHA are not required to disclose their condition

Vocationalizing your Services

- Vocationalizing means building the skills and expertise of agency staff and expanding agency partnerships/referral sources, so that PLWHA have improved access to employment and career development opportunities
- Agencies and staff are better prepared, supported and equipped to assist individuals with employment, education and occupational development

<http://homelesshub.ca/resource/vocationalizing-home-front-promising-practice-place-based-employment>

Changes on Three Levels

Community level

- Partnership development (Workforce providers, employers, local employment providers, colleges and vocational technical providers etc.)

Organizational level

- Administrative leadership
- Change across agency departments/programs

Program delivery level

- Direct service role expands to address employment, education and training needs
- New skills, abilities and referral relationships
- Champions implement new practices at service-level

Vocationalized Means

- Staff have the skills, knowledge and resources to coordinate and deliver services that effectively support your clients' employment and occupational development goals
- Staff can increase client awareness of what they can achieve through employment/education
- Staff can lay out employment/education steps needed to make advancement/improvement likely and move to a better quality of life

Case Management Role

- Encourage and support positive change in behaviors, routines, conditions and situations
- Nurture and develop self-efficacy and resiliency
- Establish an empowering and supportive working relationship your client
- Develop and deliver a service plan based on client centered goals and objectives
- Provide advocacy and skill development to clients
- Connect client to needed local resources

Result for Clients

- Access is routine: all clients are provided with access to employment/education opportunities
- Clients are asked about their interest in employment and provided with high quality services leading to good outcomes
- Respect for individual's ability to make an informed choice about what they want

Vocationalized Case Management

- Introduce the concept of work to clients
- Engage and support for clients considering work
- Assess and build strengths to increase employability
- Incorporate employment goals within treatment and service plans
- Address concerns about disclosure, accommodations and benefits
- Assist with navigating new systems and resources (DVR, One-stops, post secondary education)
- Support client participation in job search
- Assisting with retaining ongoing employment

SSI/SSDI Outreach, Access, and Recovery Technical Assistance

- Serving as the appointed representative
- Collecting and submitting medical records
- Electronically submitting applications and medical evidence whenever possible
- Collaborating with physicians for assessments and medical information
- Collaborating with SSA and DDS
- Submitting a Medical Summary Report

<https://soarworks.prainc.com/>

Summary

- Housing is a critical issue especially for people with Mental Illness, Substance Use, HIV/AIDS
- Employment is a good option for some
- Stable housing/Employment increases health outcomes
- HOPWA is a start but not the only solution
- Must consider other housing in the continuum
- Must know your local agencies and resources
- GET INVOLVED in your local housing coalition!!!!

Resources

Department of Labor

Epolicyworks@dol.com

Vocational Rehabilitation Services

National Working Positive Coalition

www.workingpositive.net

HIV Law and Policy Center

<http://www.hivlawandpolicy.org/about/news>

Questions

Additional Questions

Patricia (Pat) Tucker

ptucker@ahpnet.com



Additional Comments?

Contact the SAMHSA-HRSA Center for Integrated Health Solutions
integration@thenationalcouncil.org or MAI-COC-TA@mayatech.com

For More Information & Resources

Visit www.integration.samhsa.gov or
e-mail integration@thenationalcouncil.org



Upcoming Webinars

August 23

Engaging Consumers-Peers in Process, Planning and Evaluation

September 13

Program Finance and Sustainability



SAMHSA-HRSA CENTER for INTEGRATED HEALTH SOLUTIONS

Thank you for joining us today.

**Please take a moment to provide your
feedback by completing the survey at the
end of today's webinar.**